

## ABOUT THE HEALTHY TEXAS WOMEN PROGRAM

The Healthy Texas Women program provides family planning and reproductive health services to eligible women in Texas. These services help women plan their families, whether it is to achieve, postpone, or prevent pregnancy. These services can have a positive effect on future pregnancy planning and general health.

### WHO IS ELIGIBLE?

You may get services if you:

- Are a woman age 15 to 44 (Women age 15 to 17 must have parental or legal guardian consent)
- Are a U.S. citizen or legal immigrant
- Live in Texas
- Do not have health insurance
- Are not pregnant
- Make less than the monthly family income limits listed in the chart to the right

FAMILY SIZE	MONTHLY FAMILY INCOME LIMIT (200% Federal Poverty Level)
1	\$1,980
2	\$2,670
3	\$3,360
4	\$4,050
5	\$4,740
6	\$5,430
7	\$6,122

### WHERE CAN I GET HEALTHY TEXAS WOMEN PROGRAM SERVICES?

To find doctors and clinics that provide Healthy Texas Women services, you can:



**VISIT**

[www.HealthyTexasWomen.org](http://www.HealthyTexasWomen.org)



**ENTER** your zip code in the provider search box to locate a provider near you



**CALL** toll-free 1-800-335-8957, select a language, and then press option 5

### WHAT BENEFITS ARE AVAILABLE?

The program offers a wide range of women's health and core family planning services including:

- Pregnancy testing
- Pelvic examinations
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Screening and treatment for cholesterol, diabetes, and high blood pressure
- HIV screening
- Long-acting reversible contraceptives
- Oral contraceptive pills
- Permanent sterilization
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide, and injections
- Screening and treatment for postpartum depression

### HOW DO I APPLY?

- Submit an electronic application on **[www.HealthyTexasWomen.org](http://www.HealthyTexasWomen.org)**
- Complete a paper application to fax or mail in (available on the website)
- Call toll-free 2-1-1 or 1-877-541-7905 for assistance
- Visit a Women, Infants, and Children (WIC) Program office



For more information about the Healthy Texas Women program, please visit **[www.HealthyTexasWomen.org](http://www.HealthyTexasWomen.org)**.